



Accepting Your (sub)mission
Livestream Worksheet
December 1, 2015 | 7:30-8:30 p.m. EST

Thanks so much for joining us for tonight's Secret Keeper Girl Gab Livestream featuring Dannah Gresh, Chizzy Anderson, and our special guest, Flour Box Bakery Extraordinaire, Anne Yorks!

Tonight we'll take a look at the universal struggle to submit to the authority in our lives in this special Christmas Edition of Girl Gab!

What is meditation?

Well, you might think it's some crazy, weird thing you do while sitting crosslegged in a yoga position and humming. That's not true at all. That kind of meditation is just a sad fake for God's original. Let's take a look at what God says meditation should be by looking at three kinds of girls.



STUDIER

The **STUDIER** is a great student of the Bible but has to be careful that her faith doesn't get stuck in her head!



PRAY-ER

The **PRAYER** is great at taking her heart to God and asking Him for help but has to be careful to make sure she is studying the Bible, too!



MEDITATOR

The **MEDITATOR** combines the power of studying the Bible and prayer into super powerful meditation.

Bonus Memory Verse

"I delight to do your will, O God; your law is within my heart."

PSALM 40:8

Study Time
Luke 1:26-38

- Submission begins with a _____. Verse 29
- Submission requires a _____ to obey. Verse 38
- The _____ between submission and obedience is _____. Luke 1:46-55

Homework Time *(Circle the statement that sounds most like you)*

- When the kids I'm hanging out with decide they want to do something I don't want to do, I...
 - yell and grumble and run home stomping all the way.
 - keep talking until I convince everyone to do what I want to do.
 - try to listen to everyone's feelings and help all of us work it out – even though this is hard to do.
 - do what my friends prefer – after all, everyone deserves a turn to lead.
 - When the teacher gives me homework, I usually...
 - refuse to do it.
 - do it, but the whole time I think it's dumb because I already know it
 - wish I didn't have to, but I don't want to disappoint my teacher.
 - do it without thinking too much – after all, she's the teacher!
 - When my parents ask me to do something, I...
 - throw a royal fit and ask to be paid.
 - grumble and do it half right.
 - feel sad because I'm not getting to do what I want, but get it done.
 - do it with all my heart because I want to please my parents.
 - When my brother or sister wants the same video game or toy that I want, I...
 - tease him or her the whole time as I play with the toy.
 - tell him what I think he should be doing.
 - ask if I can have it first, and let the other person wait for his or her turn.
 - let the other person go first and find something else to do.
 - When I think someone has made a mistake, I...
 - want to be the first to correct the person, and I do it as loudly as possible.
 - try to take over because I can do it better.
 - watch for a good time to bring it up quietly.
 - wait for adults or others in authority to make things right.
 - I go to church because...
 - my parents make me, but I wouldn't if I could help it.
 - I have to, but I never really learn anything.
 - I have good friends there.
 - I want to be what God wants me to be, and church is a great place to learn this.
- So, how'd ya do?
Count up all your A's, B's, C's, and D's. Write the totals below:
- A _____ B _____ C _____ D _____

Which letter did you have the most of? Circle that letter below to find out how you're doing.

- D – Submissive Servant**-- Wow! I wish I could score this high. Keep up the great work. Just don't let it go to your head!
- C – Sensitive Socialite**-- Good eye, girlfriend. You recognize your own desires, but you're trying hard to put others ahead of yourself, and you often succeed.
- B – Boisterous Boss**-- Try harder! You probably have a lot of leadership potential, but God can't use that until you learn some gentleness. Work on controlling your tongue.
- A – Raging Rebel**-- Uh-oh! Watch out! You're wearing the wrong stuff, girl. You need to work on controlling your tongue and your emotions.

Prayer Time

It's time to snuggle up and talk with Jesus. Moms and daughters - ask Jesus to help you in any way that you struggle with submission.



Thanks for joining us!

We'll be back next month **(January 12 at 7:30 p.m. EST)** so mark us on your calendar for a date.

Make sure to add aleigha@secretkeepergirl.com to your email contacts so that you can receive our special livestream-only coupon deals and monthly livestream updates!